



CHEF MADE

IMPACT FOCUSED

LOVE CENTERED

# FULL TRAY CATERING

## WHEN FOOD FORGETS ITS PURPOSE

Catering is too often just a transaction. Trays arrive, people eat, and nothing meaningful happens. The food might be fine, but it's disconnected from your values, your guests, and the community you're part of.



## THE UPWARD WAY

We do things differently. At Upward, every dish is intentionally scratch-made by our team of real chefs using ingredients sourced from trusted local partners. For every tray in every order, we provide five hot, nutritious meals to people facing food insecurity. This is catering that feeds both your event and your impact.

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## THE SHIFT

Your event delivers elevated, aligned food—but now, it does more. It becomes a force for good. Every tray you serve helps close the hunger gap, supports local producers, and reminds your guests that impact can be baked into every detail.

**MADE WITH PURPOSE  
SERVED WITH LOVE**





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# SANDWICH TRAYS

(Full trays only – 30 pieces per tray unless noted)

An 18% service charge applies to all catering orders.



## PORCHETTA SANDWICH | \$310

Fennel-frond porchetta, slow-roasted and deeply seasoned—served on our house baked focaccia, dressed arugula and our signature bomba: a fermented chili spread with just the right heat.



## VEGGIE SANDWICH | \$280

Roasted squash layered with whipped black pepper ricotta, and fresh arugula tossed in beet vinaigrette. A bright, satisfying option with earthy, creamy, and peppery notes.



## CHICKEN SANDWICH | \$310

Tender roasted chicken, bomba, and arugula on our house focaccia. A juicy, flavour-forward alternative to the porchetta with all the same satisfying elements.



## BREAKFAST SANDWICH | \$220

(24 per tray) Optional: add bomba for a savoury kick.

Fluffy egg patty, caramelized onion, cheddar, and mayonnaise on a toasted 24 Carrots Bakery English muffin. Ideal for breakfast meetings or brunch-style spreads.

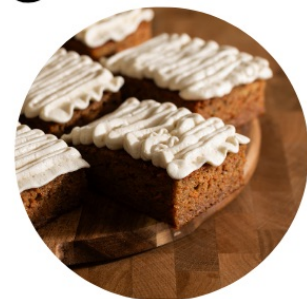
# DESSERT TRAYS

Half Tray — 15 pieces | \$120  
Full Tray — 30 pieces | \$190



## CHOCOLATE CHIP COOKIES

Golden, gooey, and generously sized. These cookies are packed with chocolate and finished with flaky sea salt. Rich, chewy, and unforgettable.



## CARROT CAKE

Moist, warmly spiced carrot cake topped with thick whipped cream cheese icing. Classic comfort with a bakery-fresh finish.